



Term 6 2026 - Week 3

Dear Parents and Carers,

It's hard to believe that we are now in the last term of this academic year, which seems to have flown past. Our Year 6s are preparing to move on to their secondary schools with visits and getting ready for the Patina and all year groups will soon be starting transition sessions with their new classes.

It was lovely to welcome our new EYFS parents from September 2026 this week, to share what life will be like in school for their children. We hope we can encourage them to join our Friends of Firle as we look ahead to what fundraising events we'll host next year.

It is an incredibly busy term with a number of events planned so please use the diary below to update your calendars at home. These dates are on our school website too so if you need an update that is a good place to check first.

Teachers have uploaded the learning grids for this term and they can be found on class pages on our website.

Please don't forget that after the Leavers' Service at Firle Church, Friends of Firle will be holding our Summer Party!

Please can we remind you that Monday 22nd June is an INSET day and the school will be closed.



ATTENDANCE

Congratulations to Cherry Class who achieved a whopping 100% attendance last week and Beech class who achieved 95% the week before.

Our target for this year is **96%** and our current whole school attendance is **93.4%**

HEADTEACHER AWARDS

Congratulations to the winners for following our school values of

*Kindness Respect Working Together
Perseverance Aspiration Forgiveness*

Last week

Pips Class

Faye

Cherry Class

Romy

Beech Class

Theo and Max

Holly Class

Ornella and Frank

This week

Pips Class

Maeve

Cherry Class

Gertie

Beech Class

Beau and Trinity

Holly Class

Finn and Eve

DIARY

June 2026

Tues 16 th	First Aid training
Weds 17 th	Patina making day Y6 at Laughton
Thurs 18 th	Y6 Forest School
Tues 23 rd	Holly Class trip to Eastbourne Tennis
Weds 24 th	Patina making day Y6 at Laughton
Fri 26 th	Y6 Forest School
Mon 29 th	Y6 Transition Day – King's Academy
Tues 30 th	Y6 Transition Day – King's Academy

July 2026

Weds 1 st	Y6 Forest School
Fri 3 rd	Patina parade
Tues 7 th	Leavers' service at All Saints church, Hove
Weds 8 th	Y6 Forest School
Fri 10 th	Sports day
Thurs 16 th	KS2 performance (AM and PM)
Fri 17 th	Y6 Leavers' trip
Mon 20 th	Y6 Leavers' assembly
Tues 21 st	2pm leavers' service
Tues 21 st	Friends of Firle Summer Party

INSET days 2026

Mon 22nd June / Weds 22nd July

SKIPPING INTO SUMMER

by Jude in Beech Class

Dan came in and taught all the classes how to skip. In Beech class he started it off simple and then it got harder. He taught us all the cool tricks like backwards skipping, cross skipping, backwards cross skipping and at the end we did a really fun long rope.

Here are some of the children's comments

Hugo found it fun and good exercise.

Aida liked the coach and taught Aida how to backwards cross skip.

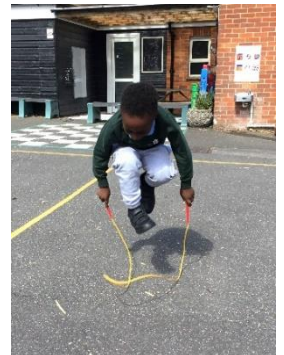
Fred found it very fun.

Jacob liked all of it.

Frieda liked skipping with her friends.

SKIPPING GOOD FOR YOU BECAUSE

- 10 minutes burns as much calories as 30 minutes of jogging
- it improves coordination
- boosts bone density



FOREST SCHOOL

Come rain or shine, we all love our hammocks!



Well, we grabbed the best of the weather on Wednesday and had another glorious Forest School session with our very own #KingoftheWoods, Belle. Cherry Class have been focusing on Winnie the Pooh, so have renamed our woodland Hundred Acre Wood and have been making dens for their cuddlies and maps so that their friends can find them. Here are some pictures to enjoy – remember, you can always see more pictures and videos on our Firle Church of England Primary School **Facebook** page.



FIRST AID

Next Tuesday 16th June your child will take part in a 1st aid course. We have a trainer coming in to provide advice and support in basic 1st aid needs. This is being funded by our Sports Premium funding as it is a life skill that could save someone's life one day. The children will do the training in groups and be supported by a member of staff.

CLASS PHOTOGRAPHS

Our school class photos were taken recently (outside and in the sunshine!) QR codes were sent home via email and on paper this week so please make sure that you have a look and order the photos that you would like. If you are having trouble seeing the photos, please contact the school office.

KEY STAGE 2 PERFORMANCE

This year's performance is 'The Lion King' and will be on Thursday 16th July. There will be two performances, one in the morning and one in the afternoon. Further details will follow.

FAIR MILK FOR A FAIR START

The Fair Milk campaign is raising awareness of the importance of extending free milk provision for all children until the end of Reception.

Currently, most children lose access to free milk on their fifth birthday, despite still being in the same classroom environment and at a key stage in their development.

We're proud to support the conversation around ensuring all children in Reception continue to have access to the nutritional benefits of milk throughout the full school year.

Find out more about the campaign:

For parents 🖱️ <https://fairmilkfairstart.com/?parent=yes>

For non-parents 🖱️ <https://fairmilkfairstart.com/?parent=no>

Together, we can help ensure every child has access to the nutrition they need to thrive.

Milk helps me to...

- JUMP HIGHER** (Illustration of a girl jumping on a trampoline)
- STAY ACTIVE** (Illustration of a boy running)
- FEEL STRONGER** (Illustration of a boy lifting weights)
- RUN FASTER** (Illustration of a boy running)
- SMILE BRIGHTLY** (Illustration of a boy smiling)
- SEE WELL** (Illustration of a boy wearing glasses)
- BUILD MUSCLE** (Illustration of a boy flexing his arm)
- THINK CLEARLY** (Illustration of a boy reading a book)
- MAINTAIN ENERGY** (Illustration of a boy playing music)

Milk is a great source of minerals and vitamins for healthy bones | teeth | muscles | brains | eyes | bodies

Cool Milk

Children in receipt of benefits-based free school meals are eligible for free school milk. Speak to the school for further information. Register online www.coolmilk.com

Free milk for under 5s is funded by the Department of Health and milk for over 5s is subsidised by DEFRA.

Let's talk about milk!

Milk is a great source of a wide range of vitamins and minerals for the children in your class. As well as being great for hydration (made up of over 87% water!) it provides a wealth of health benefits for growing children.

NB: If you have children in your class who are not able to drink dairy milk there are a range of alternative ways to add these into their diet (read on to find out more!)

Key Stage 1 Science Curriculum Objectives

Year 1: Students should be taught to identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense.

Year 2: Pupils should be introduced to the basic needs of animals for survival, as well as the importance of exercise and nutrition for humans.

Calcium
Calcium helps build and maintain strong bones and teeth. Milk contains over 50% of a child's RNI* of calcium.
Also found in: plant drinks, fortified cereals, bread, pulses, tinned fish & leafy greens

Potassium
Potassium regulates the body's fluid balance and helps maintain normal blood pressure. It's also needed for muscle activity and contraction.
Also found in: fruits, vegetables and legumes

Protein
Protein builds and repairs muscle tissue and is also a critical structural component of body tissues. Milk contains over 30% of a child's RNI of protein.
Also found in: eggs, meat, seafood, fortified plant-based milks

Phosphorus
Phosphorus helps strengthen bones and generates energy in your body's cells. Milk contains over 50% of a child's RNI of phosphorus.
Also found in: meat, fish and seafood, eggs, legumes, nuts and seeds

B Vitamins
Vitamin B2 helps break down proteins, fats and carbohydrates. Vitamin B12 helps build red blood cells that carry oxygen from the lungs to working muscles.
Also found in: eggs, meat, seafood, fortified plant-based milks

Iodine
Iodine helps with the production of the thyroid hormones which help keep cells and the metabolic rate healthy.
Also found in: eggs, meat, seafood, fortified plant-based milks

Cool Milk

*RNI = Reference Nutrient Intake - all values here are based on the RNI for 4-6 year olds

A MESSAGE FROM DAME RACHEL DE SOUZA
Children's Commissioner for England

For the first time, hundreds of thousands of children will be eligible to vote in the next general election at age 16, the biggest change to the franchise in half a century – yet just one in five children say politicians listen to them.

That's why I'm doing my final survey, *The Big Future*, to talk to a million children, to listen to them.

And to find out about what it's like to be a child today.

I am asking children about the changes they want to see in their communities, their biggest concerns, and their hopes for the future. More than anything, I want to know what they think a good childhood should look like, now and in the future.

I am asking for children and young people to take part here:

<http://www.childrenscommissioner.gov.uk/thebigfuture>.

UPCOMING TRIPS

Please complete and return your permission slips and pay for the trips via Arbor:

- Holly Class trip to Eastbourne Tennis on 23rd June
- Cherry & Pips Class trip to Wilderness Wood 24th June

FLYERS ATTACHED:

- Lewes Athletic Club Summer Camps - Please find attached details about camps taking place in July and August
- Active Stars Summer Camp - please find details attached about a summer camp in Uckfield
- Wave Swim School lessons
- Father's Day Fun Day & Father's Day lunch at the AmEx
- Helping your ADHD child with homework
- Holiday Clubs for children who receive FSM
- Parenting Guide & local drop-ins

SCHOOL UNIFORM DISCOUNT CODE

The My Clothing Team are offering a 10% discount on School uniform for the rest of this academic year.

Please visit [MyClothing](#) and use the below code at checkout

Code: INTAKE10

Expiry: 31st July 2026

If you are on any parenting or family Facebook pages, please share our posts and spread the word of our fabulous little school!

Kind regards,

Mrs Rachel West and Mrs Jeannette Fuller