

# Week one

W/C 04/11, 25/11, 16/12, 20/01, 10/02, 09/03, 30/03

Monday

## Mac 'N' Cheese (v)

Pasta spirals in a tasty cheesy sauce

### on the side...

Garden Peas  
Fresh Carrots

## Mild Sweet Potato Curry with a Rice side (v)

A mild Indian sweet potato and chickpea Tikka Masala

### for dessert...

Chocolate Slice

Tuesday

## Chinese Chicken Noodles

A classic Chinese chicken noodle dish packed with flavour

### on the side...

Sweetcorn  
Mediterranean Vegetables

## Cheese & Tomato Pizza with Potato Wedges (v)

Simple but classic!

### for dessert...

Orange Drizzle Cake

Wednesday

## Roast Turkey

Traditional roast turkey served with crispy roast potatoes & gravy

### on the side...

Fresh Carrots  
Seasonal Cabbage

## Quorn Roast (v)

Traditional vegetarian roast served with crispy roast potatoes & gravy

### for dessert...

Fruit & Yoghurt Pot

Thursday

## Beef Tortilla Pie with a Rice side

Beef mince layered onto tortilla wraps, baked & topped with gooey cheese

### on the side...

Fresh Carrots  
Fresh Broccoli & Cauliflower Medley

## Veggie Pizza-Style Hot Dog with Potato Wedges (v)

A veggie hot dog covered in a pizza sauce & melted cheese

### for dessert...

Apple & Pear Strudel with Custard

Friday

## Salmon Fish Fingers with Chips

A classic fish finger lunch

### on the side...

Baked Beans  
Garden Peas

## Quorn Dippers with Chips (v)

A tasty vegetarian alternative

### for dessert...

Peach & Chocolate Sponge

# Week two

W/C 11/11, 02/12, 06/01, 27/01, 24/02, 16/03

## Spaghetti Bake (v)

A twist on the classic, Quorn Bolognese-baked & topped with melted cheese

### on the side...

Fresh Carrots  
Garden Peas

## Vegetarian Supreme Pizza with Potato Wedges (v)

Simple but classic!

### for dessert...

Apple & Berry Crumble with Custard

## Chicken Pie with Mashed Potato

Chicken & sweetcorn in a creamy sauce topped with shortcrust pastry

### on the side...

Roasted Peppers & Sweetcorn  
Fresh Broccoli

## Chinese Veggie Noodles (v)

Mixed vegetables & noodles coated in a Chinese 5 spice seasoning

### for dessert...

Fruit & Yoghurt Pot

## Honey Roast Gammon

Traditional roast dinner served with crispy roast potatoes & gravy

### on the side...

Garden Peas  
Fresh Carrots

## Sweet Potato & Chickpea Roast (v)

A sweet potato and chickpea roast slice served with crispy roast potatoes & gravy

### for dessert...

Mango Frozen Yoghurt

## BBQ Beef Meatballs

Delicious Texan inspired BBQ beef meatballs in a tomato sauce with pasta spirals

### on the side...

Fresh Broccoli  
Cauliflower

## Butternut Squash & Tomato Bake with a Rice side (v)

Veggie, tomato bake topped off with golden breadcrumbs

### for dessert...

Chocolate Cake with Chocolate Sauce

## Fish Fingers and Chips

A classic fish finger lunch

### on the side...

Baked Beans  
Sweetcorn

## Caramelised Red Onion & Mozzarella Tart with Chips (v)

Delicious light vegetarian tart

### for dessert...

Raspberry Yoghurt Cake

# Week three

W/C 18/11, 09/12, 13/01, 03/02, 02/03, 23/03

## BBQ Quorn Burger (v)

Quorn burger served in a bun with lettuce, tomato slice and BBQ sauce

### on the side...

Garden Peas  
Fresh Carrots

## Vegetarian Lasagne with Garlic & Herb Bread Wedge (v)

A classic Italian layered pasta dish made with mixed vegetables

### for dessert...

Fruit & Yoghurt Pot

## Pork Sausages with Mashed Potato & Gravy

Simple but classic...sausage and mash

### on the side...

Cauliflower  
Roasted Peppers & Sweetcorn

## Vegetable Korma with Rice side (v)

A mild vegetable curry with rice

### for dessert...

Oatie Biscuit with Fruit Slices

## Roast Chicken

Traditional roast chicken served with crispy roast potatoes & gravy

### on the side...

Fresh Carrots  
Seasonal Cabbage

## Vegetable Pastry Slice (v)

A tasty mix of vegetables wrapped in puff pastry served with crispy roast potatoes & gravy

### for dessert...

Strawberry Frozen Yoghurt

## Beef Burger in a Bun with Potato Wedges

A juicy beef burger in a soft bun

### on the side...

Fresh Broccoli  
Mediterranean Vegetables

## Quorn Spanish Rice (v)

Spanish flavoured rice dish with Quorn mince, beans, peppers & tomato

### for dessert...

Chocolate & Raspberry Swirl Cake with Custard

## Crispy Fish and Chips

Traditional fish & chips dinner

### on the side...

Baked Beans  
Garden Peas

## Sweet Potato & Chickpea Burger with Chips (v)

Sweet potato & chickpea burger served in a soft bun

### for dessert...

Berry Flapjack

KS1 Meals are FREE  
KS2 Meals are £2.05

Our chicken and milk are Red Tractor approved



WE BUY 95% of our seasonal vegetables direct from British growers



ALL OUR BEEF is from THE UK OR IRELAND

FRESH SALAD IS AVAILABLE ON A DAILY BASIS

Special dietary requirements can be catered for, please contact:

Email: [specialdiets@compass-group.co.uk](mailto:specialdiets@compass-group.co.uk)

TEL: 01435 865310



WE SUPPORT 82 BRITISH DAIRY FARMS



Jacket Potatoes with various fillings available daily.

FARM TO FORK We can trace every cut of meat back to the farms of origin

ALL OUR BREAD IS FRESHLY BAKED EVERY DAY



All our bananas are FAIRTRADE

