



WEEK 3		DAILY FAVES...		26/04 17/05 14/06 05/07			
HOT SPECIALS...							
MONDAY	<p>Chinese Veggie Noodles ✓ Egg noodles with stir fried vegetables</p> <p>.....</p> <p>Vegetable Supreme Pizza with Dough Balls ✓ Cheesy tomato topped pizza slice topped with sweetcorn & peppers</p>	TUESDAY	<p>.....</p> <p>Jacket Potato ✓ with a choice of fillings</p> <p>.....</p> <p>Tomato Pasta ✓ Fresh, homemade tomato and basil sauce with penne pasta</p>	SIDES...	<p>Sweetcorn and Fresh Broccoli</p>	PICK A PUD!	<p>Raspberry Yoghurt Cake or Fruit & Yoghurt</p>
WEDNESDAY	<p>Sausage and Mash with Gravy Traditional pork sausage and mash with gravy</p> <p>.....</p> <p>Quorn Bolognese ✓ Fusilli pasta in a tomato and Quorn sauce</p>	THURSDAY	<p>.....</p> <p>Jacket Potato ✓ with a choice of fillings</p> <p>.....</p> <p>Tomato Pasta ✓ Fresh, homemade tomato and basil sauce with penne pasta</p>	FRIDAY	<p>Garden Peas and Fresh Carrots</p>		<p>Fruit & Yoghurt</p>
FRIDAY	<p>Roast Chicken with Roast Potatoes and Gravy Roast chicken with roasties and tasty gravy</p> <p>.....</p> <p>Country Vegetable Pie with Roast Potatoes & Gravy ✓ Creamy vegetable pie with a shortcrust topper</p>		<p>.....</p> <p>Jacket Potato ✓ with a choice of fillings</p> <p>.....</p> <p>Tomato Pasta ✓ Fresh, homemade tomato and basil sauce with penne pasta</p>		<p>Fresh Carrots and Fresh Cabbage</p>		<p>Flapjack with Fresh Cut Fruit Slices or Fruit & Yoghurt</p>
	<p>Pasta Bolognese ✓ A classic Italian beef bolognese in a tomato and beef sauce</p> <p>.....</p> <p>Mild Chickpea & Potato Curry with a Rice Side ✓ A tasty chickpea and potato masala</p>		<p>.....</p> <p>Jacket Potato ✓ with a choice of fillings</p> <p>.....</p> <p>Tomato Pasta ✓ Fresh, homemade tomato and basil sauce with penne pasta</p>		<p>Sweetcorn and Fresh Broccoli & Cauliflower Medley</p>		<p>Chocolate Brownie or Fruit & Yoghurt</p>
	<p>Golden Fish Fingers and Chips Crispy fish fingers and chips</p> <p>.....</p> <p>Beany Burger and Chips ✓ A delicious homemade beany burger</p>		<p>.....</p> <p>Jacket Potato ✓ with a choice of fillings</p> <p>.....</p> <p>Tomato Pasta ✓ Fresh, homemade tomato and basil sauce with penne pasta</p>		<p>Baked Beans and Garden Peas</p>		<p>Orange Shortbread with Fruit Slices or Fruit & Yoghurt</p>
<div><div></div><div><p>Chartwells, 1st Floor Offices, 46 High Street, Heathfield, East Sussex, TN21 8HS. Tel: 01435 865310</p><p>Special diets are catered for, email specialdiets@compass-group.co.uk for more information.</p><p>East Sussex County Council.</p><p>Email: school.catering@eastsussex.gov.uk</p></div></div>							
<div><div></div><div><p>Chartwells</p></div></div>							



Food Super Heroes Menu

£2.10

YOUR FAVOURITES available every day

OUR NEW MENU! chosen by our parents and children

THREE WEEK MENU
SPRING/SUMMER 2021

Chartwells

East Sussex County Council


Special dietary requirements can be catered for.

WEEK 1

HOT SPECIALS...

MONDAY


Cheese and Tomato Pizza with Dough Balls 
Cheesy tomato topped pizza slice

Burrito with Rice 
A soft wrap filled with lightly spiced veggies and rice

TUESDAY


Chicken Burger with Potato Wedges

Roast chicken served in a soft bun with lettuce and mayo


Macaroni Cheese 
Traditional Mac 'N' Cheese, delicious macaroni in a creamy sauce

WEDNESDAY

Roast Turkey with Roast Potatoes and Gravy
Traditional roast turkey with roasties and gravy

Sweet Potato and Chickpea Roast with Roast Potato and Gravy 
A chunky sweet potato and chickpea roast


THURSDAY

Pasta Bolognese 
A classic Italian beef bolognese in a classic tomato sauce


Hotdog with Potato Wedges 
Our favourite veggie hotdog served with ketchup in a soft sub roll


FRIDAY


Golden Fish Fingers and Chips
Crispy fish fingers with chips


Quorn Nuggets and Chips 
Crispy Quorn nuggets with their fave sauce – ketchup


DAILY FAVES...

Jacket Potato 
with a choice of fillings

Jacket Potato 
with a choice of fillings including salmon mayo

Jacket Potato 
with a choice of fillings

Jacket Potato 
with a choice of fillings

Jacket Potato 
with a choice of fillings

03/05 24/05 21/06 12/07

SIDES...

Fresh Carrots
and
Sweetcorn


Garden Peas
and
Fresh Broccoli
& Fresh
Cauliflower


Fresh Carrots
and
Fresh Cabbage

Fresh Broccoli
and
Sweetcorn

Baked Beans
and
Garden Peas


PICK A PUD!

Chocolate
Brownie
or
Fruit & Yoghurt 

Raspberry
Ripple
Ice Cream
or
Fruit & Yoghurt 

Fruit & Yoghurt 

Summer Berry
& Peach Oatie
Crumble with
Custard 
or
Fruit & Yoghurt 

Strawberry
Swirl Sponge
or
Fruit & Yoghurt 

MONDAY

TUESDAY


WEDNESDAY


THURSDAY

FRIDAY

WEEK 2

HOT SPECIALS...

Veggie Sausage & Mash with Gravy 
Fluffy mash with veggie sausages & rich gravy

Cheese & Tomato Pizza with Dough Balls 
Cheesy tomato topped pizza slice


Chicken Tikka Masala with Rice 

Succulent chicken in a mild sauce

Macaroni Cheese 
Traditional Mac 'N' Cheese, delicious macaroni in a creamy sauce


Honey Roasted Gammon with Roast Potatoes & Gravy
Gammon with roasties and gravy

Pastry Slice with Roast Potatoes & Gravy 
Pumpkin and potatoes wrapped in flaky pastry


Lasagne with a Garlic & Herb Bread Wedge 
A classic Italian beef lasagne in a tomato sauce


The Incredible Burger with Potato Wedges 
Meatless burger in a soft bap with ketchup


Golden Fish Fingers and Chips
Crispy fish fingers and chips


Meat-free Taco with Chips 
A soft taco shell filled with a veggie tomato chilli


DAILY FAVES...

Jacket Potato 
with a choice of fillings

Jacket Potato 
with a choice of fillings

Jacket Potato 
with a choice of fillings

Jacket Potato 
with a choice of fillings

Jacket Potato 
with a choice of fillings

19/04 10/05 07/06 28/06 19/07

SIDES...

Sweetcorn
and
Fresh Broccoli
& Fresh
Cauliflower

Fresh Carrots
and
Garden Peas



Fresh Cabbage
and
Fresh Carrots


Sweetcorn
and
Fresh Broccoli


Garden Peas
and
Baked Beans

PICK A PUD!

Fruit & Yoghurt 

Apple & Berry
Crumble 
with custard
or
Fruit & Yoghurt 

Strawberry Ice
Cream
or
Fruit & Yoghurt 

Chocolate Cake
with Chocolate
Sauce
or
Fruit & Yoghurt 

Oatie Biscuit
with Fresh Cut
Fruit Slices 
or
Fruit & Yoghurt 

 Vegetarian  Oily fish
 Wholegrain  Fruity!

Water, salad,
freshly baked bread,
yoghurt & fresh fruit

Available
every day!