

# Oak Tree Federation Nature Detectives.

Newsletter 14.01.2021

Good morning everyone,

Welcome to the winter editions of the Nature Detective Newsletter.

The first thing I would like you to think about is being the best nature detective you can. To be a good nature detective you need to be curious, questioning, patient at times and be able to observe using your senses.

At this time of year and in our current situation we are spending more time indoors and looking at screens more than we would do normally, so it is important to look after our eyes. Our eyes are organs and use muscles to work properly, so it is important to keep our eyes as fit as possible. We can do this by eating healthily, making sure you eat your 5 a day, and by exercising our eye muscles. The best way to exercise are eyes is to spend some time each day outside, or at least looking outside, this allows us to focus on things close and further away which uses the eye muscles.

If you are inside looking at a screen, doing home learning or playing a game, look up from the screen every few minutes and look out of a window at something far away.

So it's winter and not a lot happens in winter, or does it? Go out and see what signs you can see that nature is still working hard.

Let me know what you find, email , send photos, drawing or paintings of the things you discover.

One part of nature I love in the winter is the weather. Here are some photos I took while out on an early morning dog walk at the weekend in the freezing fog.



Frost on plants



Cobwebs had frozen and the freezing fog frosted Merlin's eyebrows.

This was at the bottom of the Downs near Bo Peep, however on top of the Downs looked like this.



A beautiful sunrise over the fog. See what photos you can take of the weather and its effects.

Cryptic Quiz.

Lots of people think I hibernate.

When it's really cold I stay in the drey.

I build dens.

I can bark.

What am I?

Leave no stone unturned in your exploring but please put it back, it could be someones home.

Please email me at:

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Have a great week.

Take care

Mr Sidebottom