

Dear Parents and Carers

Re: Head lice

We have become aware that we have cases of head lice in school at the moment. It is important that you check the whole family's hair as soon as possible.

You can do this using a special comb (widely available from chemists), a lot of hair conditioner and careful combing from root to tip every 3 days over a 2 week period. Conditioner helps make the hair slippery, this makes the hair easier to comb and the lice easier to remove. It is important that you remove the lice from the comb each time you put the comb through the hair and that you continue to comb regularly over the full two weeks as this breaks the egg/lice life cycle.

We recommend the Nitty Gritty comb as a particularly effective comb for getting rid of lice. This is because unlike most combs it removes the little eggs as well as the larger and more visible lice.

It is a metal comb with special rounded end teeth, which is slightly more expensive than most lice combs, but very efficient at removing even tiny eggs and lice. It is widely available (from Amazon, Boots, Tesco, Lloyds Pharmacy and many more) and costs about £7.00.

Yours faithfully

Vicki Brown